ABSTRACT OF THE DISCLOSURE

A novel 1,4-substituted cyclic amine derivative represented by the following formula:

$$R^{1}$$
 B-C R^{2} D R^{4} (CH₂)_n T -(CH₂)_m Y Z - R^{5}

wherein A, B, C, D, T, Y, and Z represent each methine or nitrogen; R¹, R², R³, R⁴, and R⁵ represent each a substituent; n represents 0 or an integer of 1 to 3; m represents 0 or an integer of 1 to 6; and p represents an integer of 1 to 3; and pharmacologically acceptable salts thereof. The compound has a serotonin antagonism and is clinically useful as medicament, in particular, for treating, ameliorating and preventing spastic paralysis or central muscle relaxants for ameliorating myotonia.